EFFECT OF YOGA THERAPY WITH AND WITHOUT SATTVIC DIET ON SELECTED RISK FACTORS AMONG COLLEGE GIRLS SUFFERING WITH POLYCYSTIC OVARY SYNDROME

SYNOPSIS

Of the Dissertation submitted to the Meenakshi Academy of Higher Education and Research (Deemed to be University) Chennai for the partial fulfillment of the requirements for the award of Degree of

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IN

YOGA

Submitted by

G.NALINI
(Reg :6619012)

Guided by

Dr. R. ELANGOVAN

FACULTY OF YOGA SCIENCES AND THERAPY

MEENAKSHI ACADEMY OF HIGHER EDUCATION AND RESEARCH

(DEEMED TO BE UNIVERSITY)

CHENNAI– 600078

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